

NATIONAL ROAD RELAY CHAMPIONSHIP



STRATHCLYDE PARK MOTHERWELL

SUNDAY 30TH MARCH 1986

1. Cambuslang "A" 2hrs 17 mins 45 secs
T Ulliott (10) 19m 05s; J Orr (6) 27.11; R Stone (3) 18.34
E Stewart (2) 26.58; C Thomson (2) 18.59; A Gilmour (1) 26.58
2. Edinburgh Southern "A" 2.18:20
T Hanlon (3) 18.32; M Thin (8) 27.54; C Hume (1) 17.56
C Hunter (1) 26.57; J Wheeler (1) 18.22; K Lyall (2) 20.45
3. Spango Valley "A" 2.19:12
D McCabe (12) 19.26; L Spence (4) 26.36; C Leck (2) 18.28
P Conaghan (4) 28.30; S Conaghan (4) 20.09; C Robison (3) 27.03
4. Springburn "A" 2.20:44
A Chalmers (8) 18.56; G Crawford (3) 27.00; A McInnes (4) 19.13
S Begen (3) 26.50; D Donnet (3) 18.59; J Cooper (4) 29.46
5. Motherwell YMCA 2.21:28
J Quinn (20) 19.54; P Fox (11) 27.10; K Newberry (9) 19.05
J Brown (7) 28.04; S Marshall (5) 20.21; P Dugdale (5) 27.48
6. Kilbarchan "A" 2.21:55
T Hearle (13) 19.27; T Mooney (16) 28.49; P Mayes (12) 18.59
A Puckrin (6) 27.02; M McGinley (6) 19.31; G Fairley (6) 20.07
7. East Kilbride "A" 2.22:54
J McAllister (9) 19.03; R Ronald (10) 27.55; G Croll (10) 19.29
C McLaughal (8) 20.00; C Bryden (8) 20.18; G Haddow 28.01
8. Teviotdale "A" 2.23:28
K Elliot (11) 19.07; B Emmerson (9) 27.48; K Logan (11) 19.53
D Cavers (9) 28.26; A Fair (11) 19.42; A Walker 27.32
9. Greenock Glenpark "A" 2.24:24
P Duffy (6) 10.51; T Murray (1) 26.33; A Curran (5) 19.49
R Wilson (5) 28.31; R Boyd (7) 20.33; R Johns (9) 30.07
10. Bellahouston "A" 2.24:59
P Fleming (1) 17.58; G Getty (5) 28.07; R Grieg (6) 19.22
D Wyper (10) 29.48; A Thomson (9) 20.02; C Joss (10) 29.42
11. Shettleston "A" 2.26:41
B Scally (4) 18.41; P Carton (7) 27.38; P Brannigan (8) 19.54
E Collins (12) 29.40; J Ross (12) 20.30; C Ross (11) 30.18
12. Ayr Seaforth "A" 2.27:26
G Fallon (7) 10.53; J Stewart (14) 28.59; G Wight (14) 19.32
R Hill (13) 29.15; J Young (13) 20.19; J Cairns 30.28
13. Calverglie "A" 2.28:13
R Johnson (15) 19.33; P Moore (22) 30.04; A McLennan (19) 19.39
J Walker (16) 28.55; W Johnson (16) 20.43; D Watt 29.19
14. Cambuslang "B" 2.30:09
J Quinn (21) 19.56; D Cooney (23) 29.55; D McShane (17) 19.05
F Hurley (18) 30.50; T Rhodes (18) 19.55; P Preston 30.28
15. Victoria Park "A" 2.30:21
R Stokes (14) 19.28; M Batley (13) 28.20; J Pollock (15) 20.10
H Barrow (15) 30.03; T Wiseman (15) 19.41; P McGregor 32.39

16. Clydesdale "A" 2.30:41
J Austin (22) 19.57; J Hanratty (24) 30.07; J Halpin (20) 19.51
R Young (17) 29.17; B Potts (17) 20.16; P Dolan 31.13
17. Edinburgh Southern "B" 2.31:14
A Smith (18) 19.48; C Blakebell (37) 32.00; J Logue (25) 19.11
B Howie (26) 30.18; J Divine (19) 19.54; J Golder (17) 30.03
18. Pitreavie "A" 2.31:49
F Barton (19) 19.52; P Simpson (20) 29.36; W Bunyan (23) 21.01
P Shave (22) 30.19; J Linaker (20) 20.40; K Duncan 30.21
19. Haddington FLP "A" 2.32:02
S Cohen (29) 20.21; P Marshall (21) 29.10; C McKenzie (28) 21.50
S Wallace (27) 30.17; K Chapman (24) 20.46; J Forte 29.32
20. Falkirk Victoria 2.32:14
P Faulstich (5) 18.47; J Gibson (12) 28.41; I Johnston (13) 19.54
G Grieve (14) 29.21; A McAra (14) 20.48; C Grieve 34.43
21. Livingston "A" 2.32:30
G McPherson (27) 20.11; G Toms (25) 30.12; A Agnew (24) 20.12
H Ilgunas (20) 29.39; F Hyman NTG; I Briggs NTG
22. Vale of Leven "A" 2.33:23
J Harrison (36) 20.55; C Brown (31) 30.12; J Harrison (32) 20.56
B Pitt (23) 29.07; P Murphy (21) 20.38; R Hurt 31.35
23. Motherwell YMCA "B" 2.34:16
J Marshall (16) 19.40; F Graham (15) 28.16; J Ross (16) 20.17
J Poutney (21) 32.12; W Marshall (23) 20.31; J McMorrow 32.20
24. Gala Harriers "A" 2.34:28
G Rouen (54) 22.05; W Anderson (35) 29.22; K Main (37) 22.04
N Renton (29) 31.13; C Stewart (26) 19.48; J Knox 29.57
25. Springburn "B" 2.35:17
T Hoy (24) 20.02; F Blackstock (19) 29.24; F Chalmers (18) 19.34
P Rotchford (19) 31.06; M Montgomery (25) 22.26; B Meehan 32.45
26. Kilmarnock "B" 2.35:24
G Kerr (49) 21.58; M Ferguson (39) 30.20; G McKinnon (27) 19.06
R Turnbull (24) 29.47; R Dalziel (22) 20.38; R Murray 33.35
27. Irvine 2.35:39
J Stevenson (28) 20.12; C Miller (17) 29.07; J King (21) 20.38
B Dale (25) 31.15; J Morton (27) 23.34; J Shearer 30.53
28. Kilmarnock "A" 2.36:21
B McPhail (40) 21.11; T Craney (33) 30.00; A Law (33) 20.52
H Rankin (32) 33.09; E Turley (30) 20.31; J Blaney 30.30
29. Ayr Seaforth "B" 2.36:35
J Strawhorn (41) 21.19; J Stanley (32) 29.56; B Boyd (36) 21.40
J McRorie (31) 32.20; T McCulloch (31) 21.24; J Thomson 29.54
30. Greenock Glenpark "B" 2.36:39
C Granger (23) 20.01; P Russell (18) 29.22; G Russell (26) 21.44
F Dolan (28) 31.54; J Kerr (28) 22.03; J McCreary 31.35

31. Spango Valley "B" 2.30:44
J O'Leary (33) 20.40; J Kerr (34) 30.40; J Gallacher (30) 20.35
J Conaghan (35) 33.53; T Wilkie (29) 19.32; B Johnston 31.24
32. Haddington FLP "B" 2.37:31
F McCain (43) 21.24; J Morris (52) 33.42; H Muchamore (50) 22.33
J Smith (48) 33.05; F Harris (NTG); J Morrison (NTG)
33. Garscube "A" 2.37:54
M Brown (42) 21.22; S Cullen (41) 31.51; R Mollins (40) 21.07
J Alexander (30) 30.45; S Clements (32) 21.40; P McGlynn 31.03
34. Hunters Bog "A" 2.38:46
R Williamson (17) 19.46; R Taylor (26) 30.44; P Blessington (31) 21.30
R Elliot (47) 38.13; W Blair (44) 20.34; S Gibson 27.59
35. Perth Strathtay 2.39:11
G Twaide (52) 22.03; T Bell-Scott (29) 20.49; F Hartley (42) 23.40
G Hartley (34) 31.12; J Murray (36) 23.12; I Howie 30.15
36. Kilbarchan "B" 2.39:40
B Hawkins (25) 20.05; J Snowgrass (27) 30.27; R Garner (22) 19.51
A Costigan (41) 37.31; I McDougall (37) 21.04; B Evans 30.42
37. Teviotdale "B" 2.40:07
C Nichol (37) 20.57; B Neilson (30) 30.02; J Jarcey (35) 21.45
A Casson (33) 32.48; S Barker (33) 21.50; A Renwick 32.45
38. Shettleston "B" 2.40:28
J Sorrie (62) 23.40; G McKie (58) 32.30; B McMonnagle (51) 21.37
J Morrison (46) 31.52; I Batteson (41) 20.41; B Scally 30.08
39. Livingston "B" 2.41:09
K Heggie (45) 21.40; J Harrison (56) 34.04; P Templeton (47) 21.10
J Santry (42) 31.09; P West (39) 21.28; I Leggat 31.38
40. Lasswae 2.41:21
A Brady (61) 23.25; G Winters (49) 31.55; R Kettles (46) 22.11
J Stege (44) 32.02; T Smith (43) 22.13; F Frew 30.35
41. Cambuslang "C" 2.41:50
S McFadden (34) 20.41; M McDonald (28) 29.52; M Sutherland (34) 22.01
I Shaw (38) 35.06; I Smith (40) 22.14; R McCutcheon (41) 31.56
42. Hamilton 2.42:04
J Nicholas (56) 22.13; B Campbell (48) 32.06; M Hamilton (48) 22.42
J Smith (45) 32.24; I Black (42) 21.10; H Gibson 31.29
43. Bellahouston "B" 2.42:09
J Burke (20) 20.10; P O'Hagan (51) 34.55; J Lygate (43) 20.01
G Mackie (37) 32.07; J McNeill (34) 20.38; H Scott 34.18
44. Linwood Pentastar "A" 2.44:35
J McGuinness (46) 21.42; J McPhee (43) 31.43; A Robertson (45) 22.23
J Crompton (43) 32.41; J Sands (45) 22.36; F McGourlick 33.30
45. East Kilbride "B" 2.45:34
K Clements (44) 21.38; M McWilliams (30) 30.13; J Little (44) 23.24
L Reid (39) 32.30; S Marriott (30) 21.27; H Wilson 36.22

46. Kilbarchan "C" 2.46:44
G Martin (53) 22.04; J Bremner (46) 31.43; A Ross (39) 20.28
J Paterson (51) 37.14; T Dorrington (46) 21.18; W Hewitt 33.57
47. Calderglen "B" 2.48:01
E Sloss (57) 22.23; W Brown (61) 34.45; Ron McDonald (58) 22.55
M Brunjes (53) 32.40; A Simpson (48) 23.04; A Henderson 32.14
48. Livingston "C" 2.48:50
J Wilson (63) 23.44; S Jack (53) 31.34; S Campbell (49) 22.10
K Mairs (49) 35.55; W Bellingham (47) 23.40; R Campbell 32.47
49. Gala Harriers "B" 2.50:04
J Brown (58) 22.33; T Kerr (55) 33.05; W Elliot (54) 23.05
T Stemczyk (52) 32.52; S Mellor (49) 24.58; J Hunter 33.31
50. Calderglen "C" 2.52:03
B Henderson (67) 24.18; C McDonald (64) 34.13; A Patterson (59) 22.39
J Houston (56) 35.37; K Miller (52) 24.05; Ray McDonald 31.11
51. Clydesdale "B" 2.54:21
C Dougherty (39) 21.01; R Shiels (42) 32.19; P Ruzinski (53) 24.45
T Millar (55) 36.12; J Haggerty (51) 25.08; C Pearson 34.56

OTHERS

- Ayr Seaforth "C" B McKay 22.01; G Young 31.53; A Hunter 31.03
Barr & Strou F Lennon 23.03; A Spiers 35.37;
Bellahouston "C" J Charles 21.00; R Henry 33.41
Edinburgh AC "A" A Weatherhead (2) 18.30; L Robertson (2) 27.02;
A Donachie (7) 19.58; N Jones (11) 29.50;
F Arnot (10) 20.23
Edinburgh AC "B" E O'Donnell 20.48; A McWan 32.52
Edinburgh Southern "C" K Valentine 20.30; R Lyall 32.09; S Cameron 20.50
Garscube "B" R Weir 23.04; J Gillispie 33.01; J McDonald 23.26
Greenock Wellpark G Newman 24.10; S McNish 32.40; T Stevenson 22.41
G King 31.46
Hunters Bog "B" I Marshall 23.40; M Ogston 33.33; P Keightley 25.16
J Taylor 38.11
Kilbarchan "C" H Ross 24.56; A Smith 35.18
Linwood Pent "B" A Tagar 21.55
Livingston "C" M Byres 23.51; M Hyman 32.36; R Reapath 22.41
A Dean 34.16; I Johnston 22.20
Maryhill S Lyon 21.53; R Stevenson 29.48; M Gallacher 19.58
F Evans 35.27; G Robertson 21.14
Shettleston "C" T Taton 22.07; T Lucas 35.35;
Spargo Valley "C" A McKinnon 21.55; W Broadley 35.31; G Spence 22.25
Vale of Leven "B" R Cameron 25.59; G Lamb 39.35
Victoria Park "B" J Doyle 20.36; A Martin 33.07; C Little 20.41
T Devlin 33.26
Dumbarton A Burns 20.34

- FASTEST LAPS 1. P Fleming 17.58; A Weatherhead 18.30; T Hanlon 18.32
2. J Murray 26.35; I Spence 26.36; G Crawford 27.00
3. C Hume 17.56; C Leck 18.28; R Stone 18.34
4. S Begen 26.50; C Hunter 26.57; E Stewart 26.58
5. J Wheeler 18.22; C Thomson & J Donnett 18.59
6. A Gilmour 26.58; C Robison 27.03; A Walker 27.32

NO. OF FINISHERS Lap 1 69 Lap 2 67 Lap 3 61
Lap 4 57 Lap 5 52 Lap 6 51



NATIONAL SIX-STAGE ROAD RELAY CHAMPIONSHIPS STRATHCLYDE PARK 30TH MARCH 1986

THE SCOTSMAN Monday, March 31, 1986

Cambuslang to fore

ATHLETICS

Helped by a splendid last 5½-mile stage from Alex Gilmour, Cambuslang Harriers won the Scottish National six-stage relay for the first time at Strathclyde Park yesterday.

Gilmour overtook Keith Lyall on the last stage to end the unbeaten record of Edinburgh Southern Harriers over this course. Southern had led for the previous three stages having been put there by Colin Hume who had the fastest time on the third lap of 17.56 for the shorter stage.

Craig Hunter and John Wheeler kept the East side to the fore but Gilmour stormed home in 26.58 which gave him a winning margin of 41 seconds over Southern with Spango Valley in third place.

Rod Stone had brought Cambuslang up from sixth to third place on the third stage. Ed Stuart, with an identical time to Gilmour, took them into second place on the fourth lap.

Bellahouston Harriers, though leading after the first stage thanks to Peter Fleming (17.58), were never the anticipated threat as neither Andy Daly nor George Braidwood turned out.

Results — 1, Cambuslang Harriers 2:17.45; 2, ESH 2:18.26; 3, Spango Valley AC 2:19.12; 4, Springburn Harriers 2:20.44; 5, Motherwell YMCA 2:21.28; 6, Kilbarchan AC 2:21.55; 10, Bellahouston Harriers.

Fastest laps — Short stage — 1, C. Hume (ESH) 17.56; 2, P. Fleming 17.58. Long stage — 1, T. Murray (Greenock Glenpark) 26.33; 2, L. Spence (Spango Valley) 26.36.

GLASGOW HERALD Monday March 31 1986

Gilmour's attack takes the team title

THE tenacity of Alex Gilmour gave Cambuslang their first national six-stage relay title yesterday at Strathclyde Park, (writes Doug Gillon). He produced a stunning anchor leg to give his club victory by 41 seconds, in 2hrs 17mins 45secs. Second were Edinburgh Southern Harriers with Spango Valley third in 2:19:12.

Southern appeared to be coasting to victory when Gilmour set off 66 seconds behind Keith Lyall. But the Irvine electrician got wired in, plugging away steadily and finally, if you pardon the persistent metaphor, defused the capital threat.

Even without the services of Scotland's fastest marathon man, Alistair Hutton, world cross-country duo John Robson and Neil Tennant, the national championship medallist Calum Henderson, who refuses to compete on a Sunday, Southern appeared in control as Lyall set off. But Gilmour was having none of it. The six-stage title — three legs of just over three miles alternating with three of nearly six miles — had never been won by his club.

The 31-year-old Gilmour, twelfth in the national championships while still recovering from ankle injury, thus missed the world event in Neuchâtel last weekend. "I've had a disappointing cross-country season," he said. "But this helps make up for it.

Now he will attempt to gain selection for the 10,000 metres at the Commonwealth Games. His clubmate, Tom Ulliot had taken Cambuslang into tenth place of the 69 teams after the opening leg, and steady consistent performances throughout put Gilmour in the position to attack in the end.

Glenpark's Tommy Murray — "I don't think my face fits with the selectors," — let his feet do the talking, his time of 26 min 33 sec being the fastest six mile leg. Next fastest overall, also on the second stage, was Laurie Spence (Spango Valley) at 26.36, taking the Greenock club from twelfth to fourth. They might have threatened the leading pair had the Connaghan brothers, Peter and Steve, run to form, but it was left to internationalist Chris Robison, the Royal Navy helicopter navigator, to hoist them into third place.

Springburn will not be too impressed with world championship internationalist Adrian Callan, who remained at home as the club finished fourth — their highest placing in a national event in recent years.

Kilbarchan's race plans had to be amended to accommodate one of their runners, the Rev Bill Hewitt. He was allocated the final stage in order to give him time to get from the morning service at Elderslie Parish Church. Next year the problem will not arise. The race reverts to a Saturday.

Results.

1, Cambuslang (R. Ulliot 19.05, J. Orr 27.11, R. Stone 18.34, E. Stewart 26.58, C. Thomson 18.50, A. Gilmour 26.58) 2:17.45; 2, Edinburgh SH (T. Hanlon 18.32, N. Thin 27.54, C. Hume 17.56, C. Hunter 26.57, J. Wheeler 18.22, K. Lyall 28.45) 2:18.26; 3, Spango Valley (D. McCabe 19.26, L. Spence 26.36, C. Leck 18.28, P. Connaghan 27.30, S. Connaghan 20.09, C. Robison 27.03) 2:19.12; 4, Springburn 2:20.44; 5, Motherwell YMCA 2:21.28; 6, Kilbarchan 2:21.55; 7, East Kilbride 2:22.54; 8, Teviotdale 2:23.28; 9, Greenock Glenpark 2:24.24; 10, Bellahouston 2:24.59.

Fastest stages — 1, P. Fleming (Bellahouston) 17.58; 2, T. Murray (Greenock Glenpark) 26.33; 3, C. Hume (ESH) 17.56; 4, S. Beggan (Springburn) 26.50; 5, J. Wheeler (ESH) 18.22; 6, A. Gilmour (Cambuslang) 26.58.

NATIONAL SIX-STAGE ROAD RELAY CHAMPIONSHIPS

STRATHCLYDE PARK 30TH MARCH 1986 (EASTER SUNDAY)

SCOTTISH NEWS — FROM DAVID COONEY

Cambuslang Snatch Title From Southern

THIS year's Scottish National Six Man Road Relay, with alternate short and long laps of 3.8 and 5.7 miles, reverted to its traditional venue around Strathclyde Park Loch on Easter Sunday, and provided an exciting contest with the outcome decided only in the final mile. Alec Gilmour overtook Edinburgh Southern's Keith Lyall to provide Cambuslang with their first win in the event, while third placed Spango Valley repeated their 1985 performance. Although Southern were without their talented quartet of Hutton, Robson, Tennant and Henderson, other clubs also had key runners missing, but such is the depth of the Edinburgh pool they were still able to put out a team which almost won the day.

Stage One

The opening short leg turned out to be a one man procession as Peter Fleming pulled away from his 68 rivals on the gradual climb around the one mile mark and was thereafter never headed. His 17:58 gave the defending champions a comfortable lead of 32 seconds over formidable Veteran Adrian Weatherhead, who got the better of his younger Edinburgh rival, Tom Hanlon, by two seconds, with Shettleston's Brian Scally a further nine seconds adrift in fourth. Of the other fancied teams, Springburn were eighth due to a fine 18:56 from late stand-in Alec Chalmers, nine seconds and two places in front of Cambuslang's Tom Ulliott.

Fastest: P. Fleming (Bella) 17:58; A. Weatherhead (EAC) 18:30; T. Hanlon (ESH) 18:32; B. Scally (Shett) 18:41; P. Faulds (FVH) 18:47; P. Duffy (G. G'Park) 18:51.

Stage Two

As expected this was the see-saw stage, with Bellahouston and Shettleston dropping back to fifth and seventh respectively and Edinburgh Southern pushed back to eighth through a below-par performance from Neil Thin (27:54). Clearly the outstanding act came from the much improved Tommy Murray, whose 26:33 was to be the day's fastest and took the lead for Greenock Glenpark. Murray, is in only his second year of running and is certainly one to watch for in the future. Edinburgh AC maintained second through Lindsay Robertson (27:02), with Graham Crawford (27:00) advancing Springburn to third ahead of Spango, for whom Lawrie Spence had delivered a characteristically gutsy contribution of 26:36 to prise open a 16 seconds gap over Cambuslang.

Fastest: T. Murray (G. G'Park) 26:33; L. Spence (SV) 26:36; G. Crawford (S'burn) 27:00; L. Robertson (EAC) 27:02; J. Orr (Cam) 27:11; P. Fox (Moth) 27:16.

Stage Three

Southern made a surprise move by fielding their top runner, Colin Hume, on the middle short stage; a decision which may, arguably, have cost them the race. Steeplechaser Hume promptly uncorked a sparkling 17:56, the day's fastest, to give his club an eight seconds advantage over Spango's Chris Leck, while Rod Stone slotted Cambuslang into third, 20 seconds ahead of Springburn. At the halfway point, it was clear that the eventual winners would emerge from one of these four clubs. Greenock Glenpark were still excelling in fifth, although Bellahouston, Edinburgh AC and Shettleston continued to lose ground.

Fastest: C. Hume (ESH) 17:56; C. Leck (SV) 18:28; R. Stone (Cam) 18:34; P. Mayles (Kilb) 18:59; K. Newberry (Moth) & D. McShane (Cam 'B') 19:05.

Last leg effort from Alec Gilmour overhauls long time Edinburgh leaders

Stage Four

Unfortunately the runners on this stage were exposed to a brief but heavy hail storm, although it didn't deter an inspired Craig Hunter (26:57) from increasing the Scottish cross country champions' lead, albeit by only one second from Cambuslang. With Scottish Junior champion Stevie Begen clocking an excellent 26:50, Springburn were now third and only 11 seconds behind their Lanarkshire rivals, but one second ahead of Spango's Peter Conaghan (27:30). Glenpark were still a defiant fifth ahead of the advancing Kilbarchan, whose cause had been ably assisted by Alan Puckrin (27:02).

Fastest: S. Begen (S'burn) 26:50; C. Hunter (ESH) 26:57; E. Stewart (Cam) 26:58; A. Puckrin (Kilb) 27:02; P. Conaghan (SV) 27:30; J. Brown (Moth) 28:04.

Stage Five

John Wheeler's solo 18:22 appeared to have given Southern an unassailable lead of 66 seconds over Cambuslang, with the latter's leading margin over Springburn remaining at 11 seconds. Unfortunately for Spango, their challenge for the premier award crumbled as young Stephen Conaghan (20:09), who, on paper, would have been expected to match his surrounding opponents, had an off day. Next in line came Motherwell, Kilbarchan, Greenock Glenpark and East Kilbride.

Fastest: J. Wheeler (ESH) 18:22; D. Donnet (S'burn) & C. Thomson (Cam) 18:59; S. Marshall (Moth) 19:21; M. McGinley (Kilb) 19:31; T. Wilkie (SV 'B') 19:32.

Stage Six

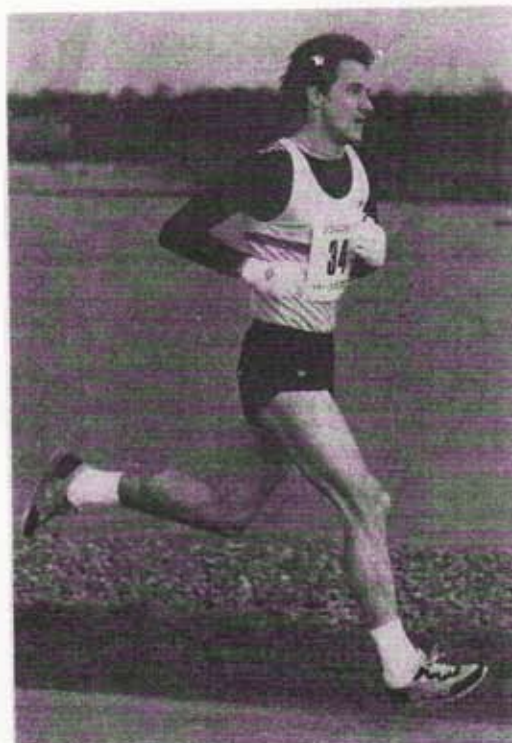
Keith Lyall set off on what appeared to most observers to be the 'glory' leg for Southern, but a close study of recent results would have indicated a question mark over his form; whereas there were no doubts as to the current fitness of his pursuer, Alec Gilmour. The 31-year-old Cambuslang runner, knowing that his rear was secure, decided 'to go out hard over the first three miles and see what might happen'. What did happen was that Gilmour relentlessly reeled Lyall in, and then with just over a mile remaining sped by his helpless rival and in turn built up a lead of over 200m by the finish. In spite of having just come off night shift and with only four hours sleep under his belt, the Cambuslang man still managed to post the fastest final stage time of 26:58, five seconds quicker than Royal Navy runner Chris

Robison, who anchored Spango into third place ahead of Springburn and Motherwell. Kilbarchan were a safe sixth while the next three — East Kilbride, Teviotdale (an impressive 27:32 last leg from Alan Walker) and Greenock Glenpark — can be well pleased with their efforts.

Fastest: A. Gilmour (Cam) 26:58; C. Robison (SV) 27:03; A. Walker (Tev) 27:32; P. Dugdale (Moth) 27:48; S. Gibson (HBT) 27:59; G. Haddow (E. Kil) 28:01.

SIX STAGE RELAY 30TH MARCH 1986

1. Cambuslang.....2:17:45
(T. Ulliott 19:05, J. Orr 27:11, R. Stone 18:34, E. Stewart 26:58, C. Thomson 18:59, A. Gilmour 26:58)
2. Edinburgh Southern.....2:18:26
(T. Hanlon 18:32, N. Thin 27:54, C. Hume 17:56, C. Hunter 26:57, J. Wheeler 18:22, K. Lyall 28:45)
3. Spango Valley.....2:19:12
(D. McCabe 19:26, L. Spence 26:36, C. Leck 18:28, P. Conaghan 27:30, S. Conaghan 20:09, C. Robison 27:03)
4. Springburn.....2:20:44
(A. Chalmers 18:56, G. Crawford 27:00, A. McIndoe 19:13, S. Begen 26:50, D. Donnet 18:59, J. Cooper 29:46)
5. Motherwell.....2:21:28
(J. Quinn 19:54, P. Fox 27:16, K. Newberry 19:05, J. Brown 28:04, S. Marshall 19:21, P. Dugdale 27:48)
6. Kilbarchan.....2:21:55
(T. Hearle 19:27, T. Mooney 28:49, P. Mayles 18:59, A. Puckrin 27:02, M. McGinley 19:31, G. Fairley 28:07)
7. East Kilbride.....2:22:54
(J. McAllister 19:03, R. Ronald 27:55, G. Croll 19:29, C. McDougall 28:08, C. Bryden 20:18, G. Haddow 28:01)
8. Teviotdale.....2:23:28
(K. Elliott 19:07, B. Emmerson 27:48, K. Logan 19:53, D. Cavers 28:26, A. Fair 19:42, A. Walker 27:32)
9. Greenock Glenpark 2:24:24 (P. Duffy 18:51, T. Murray 26:33, A. Curran 19:45, R. Wilson 28:31, R. Boyd 20:33, R. Johns 30:07); 10. Bellahouston 2:24:59 (P. Fleming 17:58, G. Getty 28:07, R. Greig 19:27, D. Wyper 29:48, A. Thomson 20:02, C. Joss 29:42); 11. Shettleston 2:26:41; 12. Ayr Seaforth 2:27:26; 13. Calderglen 2:28:13; 14. Cambuslang 'B' 2:30:09; 15. Victoria Park 2:30:21; 16. Clydesdale 2:30:41; 17. Edinburgh Southern 'B' 2:31:14; 18. Pitreavie 2:31:49; 19. Haddington ELP 2:32:02; 20. Falkirk Victoria 2:32:14; 21. Livingston 2:32:30; 22. Vale of Leven 2:33:23; 23. Motherwell 'B' 2:34:16; 24. Gala 2:34:28; 25. Springburn 'B' 2:35:17; 26. Kilmarnock 'B' 2:35:24; 27. Irvine 2:35:34; 28. Kilmarnock 2:36:21; 29. Ayr Seaforth 'B' 2:36:35; 30. Greenock Glenpark 'B' 2:37:31.



Steeplechaser Colin Hume put Edinburgh Southern in the lead on stage three with day's fastest short leg of 17:56.

Photo: Graham MacIndoe



Tommy Murray took the long stage honours with 26:33 for Greenock Glenpark on stage two in only his second year of running.

Photo: Graham MacIndoe